



THE AGRICULTURAL SOCIETIES COUNCIL OF NSW

RICH FRUIT CAKE COMPETITION

The following recipe is compulsory for all entrants and must be printed in your schedule.

Here is what you need:	Here is what you do
250g (8 oz) sultanas	Mix together all the fruits and nuts and sprinkle with the sherry or brandy. Cover and leave for at least one hour, but preferably overnight.
250 g (8 oz) chopped raisins	
250 g (8 oz) currants	
125 g (4 oz) chopped mixed peel	
90 g (3oz) chopped red glace cherries	Sift together the flours and spices. Cream together the butter and sugar with the essences.
90 g (3oz) chopped blanched almonds	
250 g (8 oz) plain flour	
60 g (2 oz) self-raising flour	
1/4 teaspoon grated nutmeg	Add the eggs one at a time, beating well after each addition, and then alternately add the fruit and flour mixtures. Mix thoroughly. The mixture should be stiff enough to support with a wooden spoon.
1/2 teaspoon ground ginger	
1/2 teaspoon ground cloves	
250g (8 oz) butter	
250g (8 oz) soft brown sugar	
½ teaspoon lemon essence OR	
finely grated lemon rind	Place the mixture into a prepared 20cm (8") square tin and bake in a slow oven for approximately 3 1/2-4 hours. Allow the cake to cool in the tin
½ teaspoon almond essence	
½ teaspoon vanilla essence	
4 large eggs	
1/3 cup sherry or brandy	
	NOTE: To ensure uniformity and depending on the size it is suggested the raisins be snipped into 2 or 3 pieces, cherries into 4-6 pieces and almonds crosswise into 3-4 pieces.

Prize money is sponsored by the ASC. Show Societies and Groups should pay the prize money to their winners, then apply to the ASC for reimbursement.

Winners at country shows will each receive a cash prize of \$25 and will be required to bake a second "Rich Fruit Cake" in order to compete in a Group Final to be conducted by each of the fourteen Groups of the Agricultural Societies Council of NSW.

The fourteen winners at Group level will each receive a cash prize of \$50, and are required to bake a third "Rich Fruit Cake" for the Final judging at the Royal Easter Show where the winner will receive a cash prize of \$100.00.

Note: In any year, an individual competitor may participate in only one Group Final representing a Show Society and, consequently, may represent only one Group in the subsequent State Final.

Attention Judges: All Fruit cakes are to be cut in half when being judged.

Updated June 2021

The Height of the cake should not exceed 5.7cm (57mm)